



Carman Wellness Connections

Addressing Poverty & Promoting Wellness

Annual General Meeting

Box 1406 Carman, Manitoba R0G 0J0

Email: carmanwellnessconnections@gmail.com

Approved Minutes of Thursday, June 14, 2023 6:00 pm

Location: King's Park

COMMON VISION: Together, creating a community where everyone has the opportunity and supports to flourish where they live, learn, work and play.

COMMON VALUES: Common values will guide our behavior, inspire our actions, and encourage conversation within every component of this community initiative.

Empowerment

Sustainability

Accessibility

Best Practice

Respect

Shared Responsibility

“Nothing about us, without us”

“It takes a village”

Present:

Board Members:

Wendy Durand, Lisa Lehmann, Terra Huston, Rose Durupt, Susan Wepler, Diane Cohoe, Lorna George Carly Boklasschuk

Guests:

Stefanie/Ainslee Dueck, Michelle Bergsma, Julie Hesketh, Terry Warburton, Linda Sylvester, John Gavloski, Olivia McCowan, Lynne Wilkinson, Gwen H, Jackie & Lou Labossiere, Adeline Shepard, Breallana Shepard, Heather Bartley, Keith Fidler, Kevin Walker, Chris Dick, Julie Rubin McDonald, Bridgitte Blais, Fred Hendrickson, Dianne McCullough, Diane Ugorets, Hazel Durupt, Albert Verhaege, Danielle Vaillant, Lorraine Nardtt, Karen Verhaeghe, Ruth Cummer, Josh Kalrasen, Anthony Walker, Beth Bartley, Barry Bartley, Matt Kenyon, Brent McDonald, Rob McClement, Sandi Fidler, Logan Neibel, Marge Warkentin, Kelsey & Cosmo Paton, Christopher Memme, Ray/Emily/Lilly Owens, Chelsea/Zach/Scarlett Cowell, Rob Bryson, Deanna Gauld, Edwin Pritchard, Karen Tjaden, Linda D’Hoore, JoAnn Wood, Dale Warkentin

Regrets: Debbie Iverson, Colin Hay, Chantal Chevailier

6:00 pm Free Community BBQ Community Supper, Activities and Working Group Displays

6:45 pm Last Call to enter completed passports for draws at the end of the meeting.

7:00 PM Annual Meeting Called to Order

Welcome and Land Acknowledgement

Land Acknowledgment: We acknowledge with respect the history, spirituality and culture of the Anishinaabe, Cree, Ojibway, Dakota and Dene Peoples with whom Treaty One was signed and the territory where we reside. We also honor the heritage and gifts of the Metis people. Under the terms of Treaty One, we now share the responsibility of caring for the earth, sky and water where we pledge to create a sacred space of welcome where all might find a home.

Approval of Agenda:

Motion: To approve agenda as presented

Moved/Seconded by: Lorn George/Kelsey Paton

CARRIED

Approval of Minutes of Annual Meeting June 16, 2022

Motion: To approve AGM minutes of June 16, 2022 as presented.

Moved/Seconded by: Wendy Durand/Susan Wepler

CARRIED

Community Action Plan including Annual Financial Report for 2022 – acknowledge that this report has been received , approved by the Board May 18, 2023 and available to the public on CWC website, by email upon request and with print copies available this evening and at the Boyne Regional Library until June 30,2022. (no motion required at the Annual Meeting but questions comments welcome)

Nomination of Board Members June 2023

Presentation of Board members:

Current:

- Allison Abbott-Wiebe
- Nancy Clearwater
- Diane Coho
- Wendy Durand
- Rose Durupt
- Janet Fowler
- Lorna George
- Colin Hay
- Terra Huston
- Lisa Lehmann
- Darcy Redekopp
- Susan Wepler

New Board member nominations:

- No new member nominations

Ex-Officio

- Dr. Tyler Atchison
- Chantal Chevalier
- Kathie Findlay
- Sheena Nakonechny

Co-Chair Report and Comments

Motion to Adjourn:

M: Lisa Lehmann,

Meeting adjourned at 7:15 pm

Draw for Door Prizes!

2023 AGM Debrief

Present: Lorna George, Susan Weppler, Nancy Clearwater, Wendy Durand, Rose Durupt and Lisa Lehmann

Had discussions and shared thoughts on what was great and what can be better.

Timing of the AGM was good – no changes suggested. Venue Great!

#'s were great, with 86 in attendance that is about double from last year.

Collaborating with Community Supper was a hit.

“like that the actual meeting is short”, however wonder if we should consider each Working Group (WG) sharing a two minute summary of their year or highlights or goals. Could we have a shortened summary of WG?

Engagement at WG tables was more successful with two WG members, activities to engage, questions to engage and the ability to sign up for up coming programs or to be more involved.

Activities were a hit! Especially the slack line, parachute and of course the bug guy! These activities helped the parents be able to visit more. Thanks to John and Matthew Kenyon!

We had discussion around who was missing from the meeting...MLA, RM Council and community members not otherwise involved in either CWC or Community Supper. Eg people from Carman and Area Food Pantry; business and citizens of carman. Noted that people who rec'd personal invite attended.

“enjoyed meeting people I did not know”

Some discussion about children interaction becoming physical/ aggressive at this event and noted at other CWC events as well. Brain stormed possible solutions as we want events to be a safe and welcoming place for all.

☒ Consider the families involved and how do we best approach them with the concern

☒ Acknowledge that parenting is difficult; and that there are circumstances that can make it more difficult

☒ Ask the families if there are things that we could do to help

☒ Consider alternate options like family pass to bowling, meal delivering over attending larger events etc.

☒ Explore solutions like respite, referrals for other supports

☒ Consider putting up a nice 'Be Kind' set of rules at events to follow, with a warning that they may be asked to leave and take up the offer of an alternate option.