



Approved Board Meeting Minutes

Thursday June 20 @7 pm Location: Memorial Hall Basement

COMMON VISION: Together, creating a community where everyone has the opportunity and supports to flourish where they live, learn, work and play.

COMMON VALUES: Common values will guide our behavior, inspire our actions, and encourage conversation within every component of this community initiative.

Empowerment	Sustainability	Accessibility	Best Practice	Respect
Shared Responsibility		“Nothing about us, without us”	“It takes a village”	

Present: Allison Abbott-Wiebe, Wendy Durand, Diane Cohoe, Sheryl Reimer, Terra Huston, Susan Weppler, Chantal Chevalier Nancy Clearwater, Karen Tjaden Julie Hesketh, Lorna George, Rick Beers, Melissa Emerson-Froebe

Regrets: Rose Durupt, Mandeep Kaur, Janet Fowler

Agenda:

Welcome:

1. Call to order 7 PM

2. Reading of Visions and Common Values

3. Welcome and introductions with new Board

Introductions and welcome to the new board members in attendance Julie Hesketh, Melissa Emerson Froebe and Sheryl Reimer.

Land Acknowledgement

We reside on the homeland of Treaty One Territory; the traditional lands of the Anishinaabeg, Neheohowuk, Ininiwak, Anishinewak, Dakota, and Dene Peoples, and on the homeland of the Red River Métis. We acknowledge this land has been negatively affected by colonization. This land offers immense beauty and provides us with clean drinking water, plentiful crop land, rolling hills, valleys, trees, bush, and wildlife. We respect this land and hope to preserve it for generations to come. We want to dedicate ourselves in learning about the mistakes and harms we have done, learn from them, and move forward in the spirit of reconciliation and collaboration.

Moment of Focus

Discussion on personal land acknowledgments Chantal will be sending information on how to create your own acknowledgement. A board member shared a discussion they had with another member on the positive aspects of their involvement of being involved with CWC



4. Approval of Agenda

Motion to approve amended agenda with the addition of a motion to nominate board members and signing authority under new business.

MOVED/SECONDED Susan Wepler/Lorna George

CARRIED

5. Approval of CWC – Board Meeting Minutes of May 16,2024

Motion to approve the minutes of Board Meeting May 16 ,2024 as circulated.

MOVED/SECONDED Wendy Durand/Susan Wepler

CARRIED

6. Committee and Reports

6.1 Working Group reports – Food Security and Food Pantry report to be added to Group reports.

CWC Food Security will attend the last Farmer’s Market and set up a table.

6.2 Executive Officers Minutes: Will be included in board packages

6.3 AGM Committee – met for a debrief after AGM. The debrief will be added to the minutes for reference in next years planning. AGM minutes will be included in the August board package.

7. Financial Report

7.1 Address Requests for funding -No request for funding all requests to be added to future minutes.

7.2 Motion to approve purchase laptop from Webmarkers

Motion to approve the purchase of a laptop from Webmarkers up to \$2000.00

MOVED/SECONDED Lorna George/Terra Huston

CARRIED

Motion to approve the financial report as circulated prior to the meeting.

MOVED/SECONDED Lorna George/Nancy Clearwater

CARRIED

Unfinished Business

8. Boyne Book it Fun Run May 24-25,2024 – Waiting for BBIFR to present the cheque and Sheryl, Terra and Allison are able to attend and accept ion behalf of CWC

9 Volunteer Orientation – Group met June 17 for edits. Finalized draft for the CWC Board will be ready July 25th.

10 Immigration Conversation – postponed

11.Communication Policy – postponed

New Business

12. Search Committee

12.1 Committee has met and developed interview questions

A interview committee of 3 individuals is formed



The committee has provided an update to the board members present.

13. Establish Human Resources Committee – Julie Hesketh, Allison Abbott-Wiebe and Sheryl Reimer are interested in sitting on this committee

14. Strategic Planning

How we set CWC up for success allocating the funding received. Chantal will provide information and resources on strategic planning.

15. Wrap Around High Fidelity PATH (Planning Alternative Tomorrows with Hope)

Each piece of the situation is a factor. Partnerships with all areas of help and supports including the individuals, families and teachers.

[PATH: Planning Alternative Tomorrows with Hope \(youtube.com\)](https://www.youtube.com/watch?v=...)

16. Meeting with MLA Lauren Stone Monday June 24 at 2 pm in CarmanLorna. Julie, Susan, Sheryl are able to attend. Hoping to enlist MLA in CWC projects.

17. Poverty Reduction Plan – postponed

18. Elm Creek Canada Day

CWC is the recipient of the donations received at the Skill Competition held 2:30 – 3??
CWC will set up an infomaton table Susan , Karen and Melissa will attend . All donations for \$20+ are eligible for tax receipts.

19. Carman Fair – ACU Pancake Breakfast

Need Volunteers for July 13 6:30 – 9:30

Wendy & Julie & Terra are able to volunteer

- Straw Bale Decorating an email has been sent to CWC Board
- Parade (candy order?) decided to not participate in this year.

20. Motion of Members

Motion to nominate Karen Tjaden as CWC Co-chair

MOVED/SECONDED Lorna George/Susan Wepler

CARRIED

Motion to nominate Lorna George as CWC Treasurer

MOVED/SECONDED Sheryl Reimer/Allison Abbott-Wiebe

CARRIED

Motion to nominate Diane Coho as CWC Secretary

MOVED/SECONDED Susan Wepler/Lorna George

CARRIED

Motion to approve all nominations

MOVED/SECONDED Susan Wepler/Julie Hesketh

CARRIED



21. Signing Authority

Motion to approve signing authority for Karen Tjaden -CWC Co-chair, Lorna George - CWC Treasurer, Diane Cohoe - CWC Secretary and Wendy Durand - CWC Grant Coordinator
MOVED/SECONDED Lorna George/Terra Huston **CARRIED**

Sharing Resources

22. Tamarack

Engagefest The Power of People and Place October 29 & 30. Virtual 2 day workshop presented by Tamarack Institute – contact Chantal for information

23. Make Poverty History - postponed

Wrap up and Adjourn Meeting

Next meeting: August 15, 2024 7:00 PM at Memorial Hall Basement

Adjourned at 9:05 PM

Gathering at 6PM Discussion TBD

June Group Reports

Housing – nothing to report this month

Transportation – nothing to report this month

Food Security – nothing to report this month

Affordable Recreation

Three Sessions of

"Introduction to Pickleball " were planned for free at King's Park Tennis Courts.

The dates were;

Friday May 31@ 6:30pm

- 3 people participated



Carman Wellness Connections

- another group came along at 7pm who stated that they played every Friday. (I played with them)

Saturday June 1st @ 11am

- event cancelled due to weather conditions

Saturday June 15 @ 11am

- 8 people participated (including me)
- 4 of the ppl came from Morden
- Stated that they saw ad on social media

Pickleball only promoted week of June 10th

Pickleball equipment borrowed from Carman Dufferin Recreation

Pool Rentals for Swimming

- Saturday June 22/24 - 25 ppl 11-12 noon
- Friday July 19/24 - 50 ppl 8-9pm
- Sunday August 11/24 - 50 ppl 11 - 12 noon

Advertising on social media

(Bill \$390 submitted to Lorna)

Drop In Art

Last session Saturday June 8/24

Resumes in September 2024

Education and Employment

We had a successful ID Day in May at the Library. We had 26 interactions with people resulting in

requests for application or information for Manitoba Health Cards, birth certificates, SIN card/letters,

GST/HST and Canada Carbon Rebate, CPP and OAS assistance, passport information, referrals to CRA,

IRCC and Regional Connections. Here's the break down:

Regional Connections:

2 – Manitoba Health Card Inquiries

1 – Canada Child Benefit

1 – GST/HST and Canada Carbon Rebate

1 – Canada Pension Plan and Old Age Security

CWC

6-Health Cards

1-Birth Certificate

Service Canada

11 people, resulting in 14 interactions as some came back for follow-up visits. Services included SINS,



passport information, birth certificate information, referrals to CRA, referrals to IRCC & Regional

Connections, and submitting documents for CPP/OAS.

We are hoping to meet with some folks to plan a larger scale event in the early fall.

After the unfortunate cancellation of our fall workshop due to limited registration, Wendy, and I met with Natasha Doerksen from Workplace Education Manitoba to brainstorm strategies on how to build awareness and participation to WEM's programming opportunities for our community members. Terra had been in contact with Natasha as well and she joined us to further strategize.

Hopefully, WEM's visibility at the Food Pantry and the CWC AGM will further help E and E to plan partnerships for programs for our area.

Supporting Emotional Health

Small Town Run and Walk Crew Partnering with Affordable Recreation and Supporting Emotional Health gathering over the spring summer months on **Thursdays at 6PM** at the Ryall Park. Please join us to walk or run, enjoy the views, be active and learn and gather together! We look forward to seeing some local folks join us throughout the season with expertise on breathing and stress busting! There are always fun traditions Chris and Sheila have in place, including fun give aways and stopping in for Syl's Ice Cream. You won't want to miss out.

Emotional Health Support Group – Consistent and regular support! Held the **last Wednesday of the month from 6:30- 7:30PM** all are welcome! Do you need emotional support to thrive and find balance?

No need to register but feel free to email cwc.emotionalwellness@gmail.com or call Lisa at 204-745-4358 with questions.

Childminding and transportation available upon request.

Upcoming programming:

Talk.Ask.Listen. funded by DoMore **Ag June 19 2024 from 9am – 1pm** Lunch provided!

Louise Sanders is a Stress Management Trainer and the founder of The Stress Experts. She helps her clients become their own 'stress expert' by empowering them with scientific knowledge, practical

skills, and self-help tools to reconnect to the power of their heart, tap into their true potential, and release emotional baggage so they can navigate through life with less stress and more happiness.

THE TALK ASK LISTEN WORKSHOP WAS CREATED BY FARMERS FOR FARMERS.

Also

SHSS Walk in Counselling at Community Health Service – Carman (Boyne Lodge Building B Door) – July 2, 16, 23 and 30 from 1-3 Call 204-745-2426 to book (first come first serve (2 appt available 1pm and 2 pm each day)



Carman Food Pantry

We continue to operate on a four-week schedule. Harvest Manitoba has just sent out their annual update of the pick-up schedules to the rural food banks which allows us to continue with the schedule we have held to since the beginning. We appreciate the support and assistance of Harvest Manitoba very much. Their grocery supplies usually diminish during the summer months and we have noticed that in the last few deliveries. Thankfully, we have some generous donors in our own community - a farmer who provides all the potatoes each month, Gerald Bryson who supplies all the flour, Roseisle Co-op through an anonymous monthly donor supplies groceries (often cereal), as well as the Church of Christ and the Canadian Reformed churches who make regular donations and a student volunteer from the Collegiate makes an appeal for donations every month at the school. Many others donate time, food and money and for this we are extremely grateful.

The Carman Co-op is operating a program of support as well. They put together bags of groceries worth \$10, \$15, and \$20 which customers can purchase and then are donated to our Food Pantry. Collection bins have been set up at Toews Printing, Church of Christ, Grace St. Johns Anglican Lutheran Church, Carman Pentecostal Church and the Mennonite Church. We are very thankful for all the community support we receive.

We held our volunteer appreciation barbeque on Tuesday, June 4 at Carman Mennonite Church. We had about 40 volunteers come out and Kelly Moore from Harvest Manitoba spoke to us about her role as coordinator of all the Manitoba rural food banks. We were encouraged by the turnout and the sense of community in our group of volunteers.

One of our key board members, Brenda Bryson underwent major surgery on June 18/24 and will be recovering for many weeks. Although she will remain in touch with us and plans to be back, we will miss her involvement very much. We are all hoping and praying that the surgery and healing go well!

To date we have 170 households registered. Our numbers continue to grow and in these recent months much of that growth has come through new immigrants. We are very glad that they are finding their way to the Food Pantry in order to assist them in their settling in, supplementing the minimum wages they receive and helping them to save in order to bring other family members here in the future. We want to be part of a welcoming community.

Since February the handivan has been working with us to bring individuals and families without transportation to the Food Pantry. Our clients really appreciate this service and we continue to try and make this work as smoothly as possible. Mike Hecht, the driver, has been very good to work with.



Earlier this month we were offered a pallet of asparagus. This needed to be picked up from Harvest Manitoba immediately but this was a week after our latest Food Pantry. Presently we have no way of keeping fresh produce or dairy products outside of our regular schedule but we wanted to take advantage of this opportunity. We contacted as many of our clients whom we could to inform them that they could come to Carman Mennonite Church on a certain day at a certain time to pick up the asparagus if they wished. We had a very good response and what little remained we brought to the community vegetable stands. We have applied for a FCC grant that, if we should receive it, will enable us to purchase two large capacity fridges which will allow us to store more fresh produce and dairy in the future. It is part of our long-term dream to be able to offer food more than once every four weeks. This will help us take a step forward in this effort.