



Approved Board Meeting Minutes

Thursday August 15,2024 @7 pm Location: Memorial Hall Basement

COMMON VISION: Together, creating a community where everyone has the opportunity and supports to flourish where they live, learn, work and play.

COMMON VALUES: Common values will guide our behavior, inspire our actions, and encourage conversation within every component of this community initiative.

Empowerment	Sustainability	Accessibility	Best Practice	Respect
Shared Responsibility	“Nothing about us, without us”		“It takes a village”	

Present: Allison Abbott-Wiebe, Diane Cohoe, Sheryl Reimer, Terra Huston, Susan Wepler, , Karen Tjaden, Julie Hesketh, Rick Beers, Rose Durupt, Mandeep Kaur, Lisa Lehmann

Regrets: Melissa Emerson-Froebe, Wendy Durand, Lorna George, Chantal Chevalier, Nancy Clearwater

Agenda:

Welcome:

1.Call to order 7 PM

2. Reading of Visions and Common Values

3. Welcome and introductions with new Board

Introductions and welcome to the new board members in attendance Julie Hesketh, Mandeep Kaur, and Sheryl Reimer.

Land Acknowledgement

We reside on the homeland of Treaty One Territory; the traditional lands of the Anishinaabeg, Neheohowuk, Ininiwak, Anishinewak, Dakota, and Dene Peoples, and on the homeland of the Red River Métis. We acknowledge this land has been negatively affected by colonization. This land offers immense beauty and provides us with clean drinking water, plentiful crop land, rolling hills, valleys, trees, bush, and wildlife. We respect this land and hope to preserve it for generations to come. We want to dedicate ourselves in learning about the mistakes and harms we have done, learn from them, and move forward in the spirit of reconciliation and collaboration.

Moment of Focus

A Board member shared that their EIA worker contacted them after hearing the press conference with Wab Kinew to inquire about CWC resources. The EIA worker is requesting updates from the board



member and would like to see individuals from other communities learn from CWC about one place to access all services the community offers to individuals.

Another board member was approached by a community member that needed assistance and they were able to connect the individual with food security services.

1. Approval of Agenda

Motion to approve amended agenda with the addition of a motion to nominate Rick Beers and add co-chair position under unfinished business.

MOVED/SECONDED Rose Durupt/Susan Wepler

CARRIED

Motion to nominate Rick Beers to Carman Wellness Connections Board for a 2 year term.

MOVED/SECONDED: Rose Durupt/Sheryl Reimer

CARRIED

2. Approval of CWC – Board Meeting Minutes of June 20,2024

Motion to approve the minutes of Board Meeting June 20 ,2024 as circulated.

MOVED/SECONDED Terra Huston /Allison Abbott-Wiebe

CARRIED

6. Committee and Reports

6.1 Working Group reports – circulated prior to the meeting an updated report will be emailed to the board to include missing group reports.

6.2 Education and Employment requesting volunteers for ID Day October 24. E & E is looking to hold a larger scale ID and Information Day at the ALC on October 24th and Rick, Terra, Karen and Lisa have volunteered to sit at the CWC table and share CWC information with the community.

6.3 Community Service Volunteers – request from a Community Justice worker who is looking for a community organization where his clients could volunteer and fulfill their community service hours. At the moment all groups have volunteers in place and would not be able to accommodate his request at this time. We will keep his contact information for possible future volunteer opportunities.

Suggestion was made that CWC learn more about what would need to be in place so that we could provide community service volunteer hours. Allison will share a handbook that Restorative Justice has access to.

6.4 Executive Officer Minutes – Nothing to report as the executive did not meet in July and August.

7. Financial Report – addressed question from previous meeting about interest earned on the CWC account and possibility of short term investment. The funds are earning 3% in a ACU Platinum Savings Account and Treasurer recommended to leave the money in this account so we have easy access to funds when needed.

Motion to approve the financial report as circulated prior to the meeting.

MOVED/SECONDED: Rick Beers/Diane Cohoe

CARRIED

7.1 Address Requests for funding (RFF)



Motion to approve request from Affordable Recreation & Leisure for \$394.40 for 2 Disc Golf events paid to the facilitators for honorarium and mileage. Board decided to follow staff mileage allowance of \$.54 km for this event until a volunteer mileage allowance policy can be developed.

MOVED/SECONDED: Sheryl Reimer/Julie Hesketh

CARRIED

Motion to approve the request of \$900 from Supporting Emotional Health that will include 4 sessions of Nature in the Park.

MOVED/SECONDED Sheryl Reimer/Susan Weppler

CARRIED

Motion to approve request for \$300.00 from Supporting Emotional Health to provide 4 sessions of Prenatal Classes to members of the community. Facilitated by Julie Hesketh. (Southern Health no longer provides prenatal classes free of charge to expectant mothers)

MOVED/SECONDED: Rose Durupt/Terra Huston

CARRIED

Motion to approve request from Affordable Housing for \$900 for 3 board members to attend Manitoba Housing Building Partnerships Conference in Brandon October 21-22, 2024

MOVED/SECONDED: Julie Hesketh/Diane Cohoe

CARRIED

Motion to approve \$5000-\$7000 for the purchase of office furnishing and office supplies for the CWC office.

MOVED/SECONDED: Terra Huston/Julie Hesketh

CARRIED

7.2 Travel Allowance rate for non staff travel – CWC board agreed to follow the staff rate of .54 per km for non staff travel until a policy is developed.

7.3 Coordinator monthly expense account to be discussed at the next board meeting

7.4 Highlight funding timeline – 1st year of Provincial funding \$100,000 needs to be allocated by December 31 with funds spent by March 31, 2025.

Unfinished Business

8. Meeting with MLA Lauren Stone – Tabled

9. Carman Fair – Tabled

10. Elm Creek Canada Day – report distributed prior to the meeting with discussion tabled

11. Immigration Conversation- Tabled

12. Communication Policy – Tabled



New Business

13. Search Committee

13.1 Additional staff positions

Lisa Lehmann has accepted the position of Coordinator and will start her employment Sept 3rd. This position is a .5 and hours of work will be determined. A public notice will be posted.

A draft job description for a proposed second staff position was prepared by the Search Committee and presented verbally to the Board for discussion and consideration. The Board directed the Search Committee to continue to revise this draft job description and requested further financial details regarding how these positions will be reflected in the budget for this year. The Search Committee will present the revised job description to the Board for approval.

14. Poverty Reduction Plan Tabled, along with following agenda items also noted as tabled, due to time constraints and to prioritize several other time sensitive agenda items without extending the meeting beyond 9 pm.

15. Strategic Planning Tabled

16. World River Day – September 21

Wendy Durand is requesting volunteers to represent CWC during this event. Terra Huston will confirm her availability. Karen Tjaden will be available and additional Board members are needed to ensure a strong CWC presence at this event. Please contact Wendy to volunteer!

17. Wrap Around High Fidelity

Lisa Lehmann shared a brief video about Wrap Around High Fidelity and documents created by Altona's Community Support Team which is based on this model. Karen reported that Chantal, Karen and Allison have had several conversations following up on earlier contact Lisa had with Shauna Hamm, Assistant Superintendent of Borderland School Division, and the person responsible for developing this effective model in Altona and surrounding communities. A brief Discussion to explore training and bringing people together for wrap around in our community followed, with Board members expressing support for continued information gathering and conversation with community stakeholders and consideration for sending key people to training opportunities which may be available in Sept and Oct 2024 through Manitoba Education. There may also be an opportunity for CWC to host a local training event if interest warrants.

Motion: To spend up to \$1600 for CWC members for training on Wrap Around

MOVED/SECONDED: Julie Heskth/Rose Durupt

CARRIED



18. September 30 National Day for Truth and Reconciliation -Tabled
19. Volunteer Log discussed at 6PM and feedback offered to Lisa Lehmann.
20. Nomination Rick Beers moved up on agenda

Sharing Resources

21. Tamarack- Tabled
22. Making Poverty History MB - Tabled

Wrap up and Adjourn Meeting

Next meeting: September 19, 2024 7:00 PM at Memorial Hall Basement

Gathering at 6PM Discussion TBD

Adjourned at 9:10 PM

Working Groups

Supporting Emotional Health

We met August 19, 2024

Programs/ Events

Suicide Prevention Day - 10 September 2024 - SHSS campaign - Carman hosted 'Living Room Conversation' at The Back Door 1:30 - 3:00 pm

Supporting Emotional Health (SEH) – Support Group – the last Wednesday of every month at 6:30 pm – 7:30 pm at the Memorial Hall Basement (there is an elevator). We had 3 new people last month!!

Jolene Knight shared about breathing techniques

Looking for a speaker to touch on Childhood Trauma

Small Town Run and Walk Crew - All Paces (scooters welcome) all People – They meet every Thursday at 6pm at the Ryall Park kiddie corner to the Boyne Regional Library and walk and talk. Often new people join, but a good 12 that are regulars.

SEH Nature in the Park with Chris Larsen and Jolene Knight (yoga)– Tuesday Evenings

September 24 - October 15 6:30-8pm

FYI



SHSS Crisis Line – call anytime you do not have to be in crisis – just need to check in with someone or to get support/ guidance for supports – 1-866-427-8628

Next meeting September 20, 2024 at 9am at the Memorial Hall Basement - Please join us if you have any ideas/ concerns about supporting the mental health of our fellow community members.

Affordable Recreation and Leisure

The Working Group met on September 4, 2024. Next meeting September 24th @ 6:30 pm to plan 2025 Budget & Activities.

POOL RENTALS - Carman Pool

We reviewed the 3 pool rentals (June 22, July 19, August 11)

Conclusion : It is a challenge finding 50 ppl so will book for 25 ppl only and not book rentals on Sundays. (There were limited times for rentals Saturday & Sunday mornings)

PICKLEBALL - Kings Park Tennis Courts

Three sessions in the spring. Three sessions in summer & fall - Saturdays August 10 & 17, and September 21. Attendance from 1 person to 4 ppl

Group of 3 women from St. Claude, 4 men from Morden (new Canadians)

Plan to repeat this activity in 2025

DISC GOLF - Kings Park

Facilitators: Jeremy McGill & Joel VanKoughnet

Dates: Wednesday August 14 @ 5pm - 13 ppl participated Saturday September 7 @ 1pm
- 5 ppl + 3(S, J & J)

Discussion with Jeremy & Joel regarding payment of mileage costs etc. They will send an invoice to CWC

Plan to repeat this activity in 2025

BOWLING - Carman 5 Pin Bowl

Three sessions of bowling for the Fall: Fridays @ 5:30pm x 1 hour October 25, November 8 & 22

DROP IN ART - Golden Prairie Art Council

Restarted in September: Tuesdays - 11 - 12:30pm, Saturdays 1 - 2:30 pm

SMALL TOWN WALK RUN CREW - Ryall Park

Thursdays @ 6:15 pm NO Walk/Run AFTER October will restart in Spring 2025

Education and Employment

The enthusiastic three met in August to continue plan finalization for our October 24th day of document assistance, information and learning. We are yet to settle on a captivating name but will reveal one soon.

We have 13 organizations, agencies and institutions signed up for that day and are waiting on a few more confirmations.

Affordable Housing

We have a meeting planned for September 18, 2024 and are excited to have Christina Maes



Nino from Manitoba Non-Profit Housing Association joining us. We have asked the following to Christina: If you could address what constitutes truly affordable housing, and speak about rural housing initiatives, Cooperative housing and other alternatives for addressing housing need. We continue to talk about the possibility of working with our municipal government and private developers to ensure some units of rent geared to income are incorporated - if you have any insights to share on that strategy that would be helpful! And of course, a general introduction to MNPHA and what membership provides would be helpful too.

Transportation

Nothing to report this month but planning to meet soon.

Food Security

No report

Food Pantry

Our summer has gone well and our client numbers have held steady the last couple of months at 160-170. Donations of food, beyond what Harvest Manitoba provides every four weeks, have been generous. We have received generous donations of fresh produce from a local market gardener as well as from other gardeners. Carman Co-op has been running a hunger bag program in which customers can purchase groceries to fill either a \$10, \$15, or \$20 bag. These bags have been coming in steadily.

The annual fall Drive Away Hunger campaign of FCC is being planned again this year together with Carman Co-op. Customers can make donations at the till from September 23 to October 5 and all donations will go to the Food Pantry. They are hoping to have a special thrust September 28 or October 5 as well.

We have purchased more carts for our Thursday Food Pantry day because we found clients were having to wait for carts to be freed up, resulting in a lot of congestion.

Our board is interested in having a conversation with the CWC executive concerning our vision for a place that can house CWC and its various community services including the Food Pantry under one roof. We know this is a vision of CWC as well and we would like to discuss together with you how we can push this vision forward.

I have registered our Food Pantry with the United Way directory of Services, Manitoba. It is a directory of all the provincial food banks as well as other community services. CWC may want to register with them as well.

Coordinator Report

Started September 3; current office hours Tuesdays and Fridays 8:30 - 4:30.

I have just been trying to get myself organized.

- Ordered Furniture - some has been delivered - just waiting on the desks
- Lots of replying to emails.
- Executive Meeting
- Suicide Prevention Day - met with Julie



Carman Wellness Connections

- Interview with Candace Derksen
- Community Supper
- Tamarack EngageFest
- Tamarack Check In coming up September 24
- Planning volunteers for September 17 Fuel Days
- Planning World River Day
- Met with Karen McGill re services and resources