



Carman Wellness Connections
Affordable Recreation and Leisure

OUTDOOR DROP-IN FITNESS WITH BEN

Outdoor Fitness Center - Centre Ave W Carman

Aug 8, 22, 29 | 10-11 AM

Bring your water, comfy clothes and energy to **OUTDOOR DROP-IN FITNESS WITH BEN!**

August 8, 22nd, and 29th at the Outdoor Fitness Center on Centre Ave West in Carman. Ben will lead in teaching how to use the gym properly.

All experience welcomed!

