

Carman Wellness Connections - Addressing Poverty Steering Committee

Box 1406 Carman, Manitoba R0G 0J0

Approved Minutes of Thursday, Jan. 28, 2021 ZOOM Meeting

COMMON VISION: Together, creating a community where everyone has the opportunity and supports to flourish where they live, learn, work and play.

COMMON VALUES: Common values will guide our behavior, inspire our actions, and encourage conversation within every component of this community initiative.

Empowerment

Sustainability

Accessibility

Best Practice

Respect

Shared Responsibility

“Nothing about us, without us”

“It takes a village”

Present: Karen Tjaden (Co-chair), Lisa Lehmann (Co-Chair), Lorna George – Treasurer, Debbie Iverson – Secretary, Bruce Wood, Beth Bartley, Allison Abbott-Wiebe, Wendy Durand, Jodi Gaultier, Carol Brown, Susan Weppler, Darcy Redekopp, Cecile Affleck, Colin Hay, Terra Huston, Rachel Siemens

Regrets: Amy Johnson, Chantal Chevalier, Nancy Clearwater, Louise Duncan

Ex-officio members receiving minutes: Jane Swanton, Tyler Atchison, Nancy McFarlane, Kathy Findlay

1. Welcome – Meeting called to order at 1:00 pm.

- Land Acknowledgment: We acknowledge with respect the history, spirituality and culture of the Anishinaabe, Cree, Ojibway, Dakota and Dene Peoples with whom Treaty One was signed and the territory where we reside. We also honour the heritage and gifts of the Metis people. Under the terms of Treaty One, we now share the responsibility of caring for the earth, sky and water where we pledge to create a sacred space of welcome where all might find a home.
- Roundtable of introductions. Good to see everyone.
- Review of our vision. Invitation for anyone with a brief story or thought related to addressing poverty to share at the beginning of each meeting to bring focus to our vision and purpose. Just let co chairs or secretary know before the meeting.

2. Review CWC - Addressing Poverty Steering Committee Minutes of June 11, 2020.

Motion: To approve Minutes of June 11, 2020 as circulated.

Moved/Seconded by: Lorna George/Beth Bartley

CARRIED.

3. Additions to the Agenda:

To be added under 8. New Business:

- 8.1 Canada Summer Jobs Grant – Carman United Church
- 8.2 Partnership with Boyne Regional Library – re laptop purchase.
- 8.3 Affordable Leisure Idea

8.3 Opportunity for sharing our ZOOM subscription

Motion: To approve agenda with additions:

Moved/Seconded by: Cecile Affleck/Susan Weppler

CARRIED

4. Review of Draft Bylaws – Circulated to committee prior to the meeting.

- Review and revision completed.

With new bylaws, the CWC Steering Committee will become the first CWC Board.

Motion: To approve the Bylaws with revision.

Moved/Seconded by: Wendy Durand/Terra Huston.

CARRIED

Next steps:

- **Executive Committee will have a local lawyer review the Approved Bylaws to make sure they meet legal requirements and will then proceed with application to CRA for charitable status. If significant changes are recommended by the lawyer, the bylaws will be brought back to committee for review and approval before proceeding with application process.**

5. Reports from Working Groups:

5.1 Supporting Emotional Health – Report by Lisa Lehmann

- ✓ Fall ZOOM October 4 sessions “Understanding the Emotions of Children and Teens” was well attended. In March 4 Sessions of “Making Sense of Alpha Children” - Both taught by Terry Warburton and assisted by Audi DeWit – No cost of programs to participants.
- ✓ Fall ZOOM 6 sessions -Anxiety and Worry Support Program (AWSP) funded through Anxiety Disorders of MB – Southern Region. Tami Giesbrecht – outreach manager and peer support worker offered another free 6 week Online program in March.
- ✓ Carman Connections Support Line continues to operate, will provide report next meeting.
- ✓ Presented Working group Action Plan to offer two sets of four facilitated ZOOM ART THERAPY sessions in Jan. 2021 and in March 2021. Total projected funding request for both- \$2,420

Motion: To approve the SEH project funding request for Art therapy Sessions and Making Sense of Alpha Children Sessions, which CWC will approach DAS for funds through their allocated dollars for Community Mental Health programs.

Moved/Seconded by: Lisa Lehmann/Jodi Gaultier

CARRIED

Next Steps:

- ✓ **Lorna will contact DAS re transfer of funds from their Mental Health funding for the Art Therapy and the Making Sense of Alpha Children Sessions being run from Jan – March 2021.**

5.2 Food Security – Report by Terra Huston.

- Working Group just met to begin planning for this year
- Looking at having two vegetable stands in community this summer.
- Will plan again for the Food Currency program with the local Farmers Market through Direct Farmer Manitoba with possible partial funding donation through Carman Cheer Board.
- Will promote the Grow a Row project again this spring.

Next Steps:

- ✓ **Working Group to complete the Working Group action plan with funding request for next meeting.**
- ✓ **Working Group to provide evaluation/feedback information from 2020 summer projects to Debbie for annual report.**

5.3 Community Resource Centre/Resource Navigation

- Carman United Church will be piloting a peer support/resource program using a \$5000 innovation grant they received. Will implement as covid restrictions allow, considering having a weekly afternoon or evening drop in for community residents to connect.
- Community Resource List Working Group - connecting with 211 Manitoba as they now have both online and phone contact for individuals. They have a comprehensive data base which they update each year by contacting all listed agencies and services. We will be looking at adding more local resources, services that are not currently listed. 211 Manitoba will be providing printed promotional materials for us to use for community awareness as Covid restrictions allow going forward.

6. Financial Report – Lorna George

6.1 Annual Financial report circulated to membership and presented at the meeting.

Motion: To approve the financial report as presented.

Moved/Seconded by: Susan Wepler/Lorna George. CARRIED

6.2 Incorporation – Completed incorporation in June 2020.

6.3 Liability Insurance – CWC Board, and Working Groups are now covered for general liability under the Town of Carman Insurance Policy. Very much appreciate this support from the Town of Carman so that this is not an extra cost for CWC.

7. Make Poverty History – Lorna provided a brief update following the meeting, and encouraged individuals to check out their website for more details

8. NEW BUSINESS

8.1 Canada Summer Jobs Grant – Carman United Church will apply for this grant again this summer, but would like to have members of CWC involved in the interview and supervision pieces. Would like this individual to work on some CWC projects such as with Food Security or the 211 Manitoba project.

8.2 Opportunity to share ZOOM subscription – deferred to next meeting

8.3 Affordable Leisure Idea – Deferred to next meeting

8.4 Opportunity to Partner with Boyne Regional Library for lap top purchase.

- If CWC purchased a lap top for community individuals to use, the Library would house the lap top and provide for any maintenance needs. Lap top could be used at the library or could be loaned out to a community organization or community space for individuals to be able to have access to internet and computer in a private manner if they do have one at home.
- Committee in support of the idea, will need to see if HLT grant dollars can be used to purchase or possibly apply for Community Foundation grant.

Next Steps:

- ✓ **Lisa will connect with Chantal re possibility of funding through HLT grant, and will complete an Action Plan with lap top costs prior to next meeting. If not able to use HLT grant funds, CWC will complete grant application to Foundation.**

Next Meeting – Thursday Feb. 25, 2021 - 7:00 pm

Motion to adjourn meeting at 2:45 pm – Moved by: Lorna George

Approved by CWC Board on Feb. 25, 2021