

Carman Wellness Connections – Board Meeting

Box 1406 Carman, Manitoba R0G 0J0

Email: carmanwellnessconnections@gmail.com

Approved Minutes of Thursday, April 22, 2021, 7:00 – 8:30 pm - ZOOM Meeting

COMMON VISION: Together, creating a community where everyone has the opportunity and supports to flourish where they live, learn, work and play.

COMMON VALUES: Common values will guide our behavior, inspire our actions, and encourage conversation within every component of this community initiative.

Empowerment Shared Responsibility	Sustainability “Nothing about us, without us”	Accessibility	Best Practice “It takes a village”	Respect
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Present: Karen Tjaden – co-chair, Lisa Lehmann – co-chair, Debbie Iverson – Secretary, Allison Abbott-Wiebe, Wendy Durand, Darcy Redekopp, Rachel Siemens, Colin Hay, Louise Duncan, Carol Brown, Susan Weppler,

Regrets: Beth Bartley, Jodi Gaultier, Lorna George, Terra Huston, Amy Johnson, Nancy Clearwater, Cecile Affleck

1. Welcome:

- Land Acknowledgment: We acknowledge with respect the history, spirituality and culture of the Anishinaabe, Cree, Ojibway, Dakota and Dene Peoples with whom Treaty One was signed and the territory where we reside. We also honour the heritage and gifts of the Metis people. Under the terms of Treaty One, we now share the responsibility of caring for the earth, sky and water where we pledge to create a sacred space of welcome where all might find a home.
- Moment of Focus – Darcy shared the news that the Provincial Government will continue to fund dental care costs for individuals receiving income assistance.

Motion: To write a letter of appreciation to Rochelle Squires, Minister of Families and cc to Blaine Pedersen re this funding announcement.

Moved by: Susan Weppler Seconded by: Darcy Redekopp CARRIED

➤ **Action: Debbie, Karen and Darcy will draft and submit a letter.**

2. Approval of Agenda.

Motion: to approve agenda as circulated.

Moved/Seconded by: Debbie Iverson/Allison Abbott-Wiebe CARRIED

3. Approval of CWC - Board Minutes of Mar.25, 2021. Minutes reviewed, no errors or omissions reported.

Motion: To approve Board Minutes of Mar. 25, 2021 as circulated.

Moved/Seconded by: Susan Weppler / Darcy Redekopp CARRIED

4. Small group Discussion – How do we ensure participation of those with lived experience?

Discussion points to ponder:

- Look for opportunities to connect and build relationships through listening and openness. Need to take the time to listen.
- Do we have diversity on our Board and Working Groups?
- How do we know how broad the perspective is within the Board/ Working Groups?
- Explore and encourage individuals to participate using their strengths and interests.
- Look for ways to encourage and develop leadership in others, provide opportunities for new leaders to emerge.
- Willingness to stumble along with each other, learn together. Create a safe learning environment.

- Everyone can invite someone to join and come alongside, it can sometimes be intimidating for individuals to join something that has been up and running for a while.
- Everyone has a journey/story, needs to be a safe place to share, with people taking the time to listen without judgement. People are fearful of judgement.
- Continue to work on a communication strategy to increase awareness and understanding of CWC. Need to communicate that everyone is welcome and can have a voice to strengthen the organization.
- Sometimes difficult to ask for help. We can all listen to individuals and bring their perspective, ideas, concerns to the table even if they do not participate – advocate for others.

5. Make Poverty History Update

- Karen and Debbie attended the Make Poverty History – From Crisis to Connection Ending Homelessness in Wpg – ZOOM workshop on Apr. 7, 2021.

➤ **Action: Debbie will compile a brief key message summary and distribute to the Board members.**

6. Financial Report – Debbie presented the report on Lorna’s behalf.

- The Healthy Living Together Grant spending deadline will be extended to March 31, 2022 due to impact of Covid 19.

Motion: To accept the financial report as circulated.

Moved/Seconded by: Lisa Lehmann / Carol Brown

CARRIED

7. Working Group Reports:

7.1 Supporting Emotional Health - Lisa

- Purchase of a laptop: Excited for a partnership with Prairie Rose SD. who donated 3 Chrome Books for community use. Boyne Regional Library will partner to house and manage bookings/scheduling and maintenance of the chrome books. Use of chrome books would be at the library during library hours (library has a private meeting room if needed) or arrangements can be made to use at other venues such as The Back Door, a Church or Family Resource Center, etc. They will not be loaned for home use as they are meant for individuals with no internet/lap top access at home.
- Community Support Phone Line – Working Group has some ideas and plans to enhance the phone line support to facilitate more uptake.
- Programs – Will be running 2 Zoom workshops in May/June. Writing from the Wall – Journaling workshop with Heidi Hunter in May. Music Therapy for All ages with Erica Wiebe – date to be determined.

7.2 Food Security – Nothing to report

7.3 Community Resource List – Debbie

Continuing to encourage local organizations that provide social support programs and resources to upload their information on the 211 Manitoba website. Due to the amount of info needed, the organization does need to do the online input. Asking Board members and Working Groups, when talking with different organizations who provide social services programs and support, to ask if they are listed on 211 and encourage them to do so if they are not listed.

Question re: readiness for uploading info about CWC, will use Karen’s phone # for organization as well as the Community Support Phone Line.

➤ **Action: Debbie will work with Karen to upload info about CWC and Working Groups.**

7.4 Education & Employment – Allison

- Hoping to meet with PRSD Superintendent in the near future.

7.5 Communication Support Team – Debbie

- Meeting next week. Morgan Isfeld and Diane Unruh (Food Security Working Group) have joined the team.

7.6 Affordable Recreation & Leisure – Susan

- Working with Sheena Nakonechny – CDRC to create a year round list of free community recreation and leisure activities. Many of the activities are promoted on the Town of Carman website, Facebook, Twitter, Instagram and the CDRC sign on Main Street.
- Decision has not yet been made in regards to swimming passes for this summer, and swimming registration has not yet occurred. Many activities at this time are being impacted by Covid-19 restrictions.

- Connecting with Bob Abrams and Lyn Rempel (Carman Collegiate) to explore idea of developing some bike maintenance workshops. Exploring to see if there may be some students interested in participating in this. May also consider developing a bike maintenance video if can't do in person workshops.
- 2 other individuals have expressed interest in participating on this working group, not yet confirmed.

7.7 Affordable Housing: Karen Tjaden

- Karen and Kelly Dyck initiated an informal discussion around housing with approx. eleven interested community residents and key stakeholder. Have identified some next steps for this group. Identified priority of meeting with Blaine Pedersen to discuss direction for the Manitoba Housing units in Carman and learn from Winkler's plan rental housing based on income. Identified need for more rental housing units based on income in Carman.
- Was helpful to have the framework of CWC to bring this group together with possibility of the formation of an Affordable Housing Working Group.

8. CWC Admin:

8.1 Charitable Status Update – Lorna/Karen

- Nothing to report

8.2 Annual General Meeting Date and Planning Team

- Date set for Thursday June 11, 2021 in the evening.
- Planning Team – Susan, Lisa and Colin to plan the meeting details.
- CWC Executive will prepare the annual CWC report.

8.3 Grants – Wendy

- As Working Groups complete their Action Plans that require funding sources, would be helpful to send a copy to Wendy as she looks to available grants that might apply.
- Carman Area Foundation could be a potential grant source, will need to plan for grant submission deadline each year in Feb.
- Continuing to review a list of potential grant sources.

8.4 CWC Contact – Will use co-chairs phone numbers for contact at the present time. SEH Community Support Line will be used for contact for the Working Groups.

9. Correspondence

- Safe Communities Carman/Dufferin meeting – Karen attended Safe Communities meeting on Wed. Apr. 21, item on the agenda was discussion about responding to individuals experiencing homelessness in our community. Complex issues identified, with some confusion and uncertainty of what roles the different agencies/services play. Small Working Group established under Safe Communities to draft an algorithm of available resources, who to access when presented with different scenarios of individuals experiencing homelessness. Karen will participate on this working group.

10. Next Meeting:

Thursday May 20 1:00 – 2:30 pm Probably will still be by ZOOM depending upon Covid restrictions.

11. Adjournment

Motion to adjourn at 8:29 pm.

Moved/Seconded by: Susan Weppler / Darcy Redekopp

CARRIED