



Carman Wellness Board Meeting
Approved Minutes Thursday September 15, 2022 7:00 – 8:30 pm

Location: Lower Level - Memorial Hall
Zoom also available if you wish to join virtually:

Join Zoom Meeting

<https://us02web.zoom.us/j/84873887150?pwd=TVZiVWRrcysrNTlOZnZZN2h5SHdPdZ09>

Meeting ID: 819 1527 8969

Passcode: 956601

(NEW Social time to visit for those who wish to stay after the meeting at 5:30 pm)

COMMON VISION: Together, creating a community where everyone has the opportunity and supports to flourish where they live, learn, work and play.

COMMON VALUES: Common values will guide our behavior, inspire our actions, and encourage conversation within every component of this community initiative.

Empowerment Sustainability Accessibility Best Practice Respect
Shared Responsibility “Nothing about us, without us” “It takes a village”

Present: Lisa Lehman (Co-chair), Diane Cohoe (Secretary) Wendy Durand (Grant Coordinator), Terra Huston, Allison Abbott-Wiebe, Darcy Redekopp, Rose Durupt

Regrets: Chantal Chevalier – SH-SS (ex-officio), Rachel Siemens, Susan Weppler, Lorna George, Janet Fowler, Colin Hay

Agenda:

1. Welcome:

- Land Acknowledgment: We acknowledge with respect the history, spirituality and culture of the Anishinaabe, Cree, Ojibway, Dakota and Dene Peoples with whom Treaty One was signed and the territory where we reside. We also honour the heritage and gifts of the Metis people. Under the terms of Treaty One, we now share the responsibility of caring for the earth, sky and water where we pledge to create a sacred space of welcome where all might find a home.
- Moment of Focus: A CWC member shared a personal anecdote describing what ignited his passion to be involved in his community and to be part of making a difference

“Addressing Poverty and Promoting Wellness in our Community”

Box 1406 Carman, MB. R0G 0J0

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Website: carmanwellnessconnections.ca

2. Approval of Agenda

Motion: To approve the agenda as circulated:

Moved/Seconded by: Wendy Durand/Terra Huston

CARRIED

3. Approval of CWC – Board Meeting Minutes of August 17,2022.

Motion: to approve the amended minutes of August 17,2022 as circulated.

Moved/Seconded: Allison Abbott-Wiebe/Darcy Redekopp

CARRIED

4. Working Group Reports: Circulated prior to the meeting

5. Community Resource Centre

5.1 Pilot Project Drop In - United Church not interested in continuing to participate in the Drop In. The space at the United Church may be available to use. The Carman Wellness group needs to plan and get details in place and choose a location. Lisa will email the group and set a meeting date to discuss continuing and when to start up.

5.2 Community Navigator Funding – Southern Health did not approve sustainable funding to hire a navigator. CWC will continue to look for another source of funding for this position.

6. Make Poverty History Update – Members are encouraged to go online at

www.makepovertyhistorymb.com and follow the links to send letters to the Premier as well as signing the petition for an immediate increase to the EIA budget , transforming it to a Livable Basic Needs Benefit, and exempting CERB from EIA clawbacks.

7. Financial

7.1 Year to Date Financial Report – No report. Only one bank transaction for \$15.00 for the website charge.

8. Grants/Funding request updates

8.1 HLT- report for Chantelle. A meeting is scheduled to meet with Chantelle to discuss completing the final report that is due.

8.2 Arts, Culture and Sport in Community (ACSC) Fund – CWC will partner with the Boyne Regional Library on Discover & Go Incentive Grant. Grant will provide passes to cultural, art and sport events/activities to the community. CWC will support and promote the incentive upon funding approval to members in the community.

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9. CWC Admin:

9.1 CWC Promotion

9.1.1 Rob Bryson - Meeting scheduled for September 14,2022 to discuss Rob Bryson's proposal on long term promotion of Carman Wellness Connection.

9.1.2 Healthy Communities – Discussion on bringing back round table lunch meeting with other groups in the community to create public awareness of what is happening in the community. Lisa will reach out to Wendy Clark again and contact Tyler King.

9.1.3 Boyne River Keepers World Rivers Day September 24,2022 – CWC will have an information table at the event with promotional giveaways for children. Darcy, Lisa, Wendy and Lorna will attend and sit at the table. Allison, Diane and Terra will assist with the preparations prior to the event.

10 Correspondence:

11 Next Meeting: Wednesday October 19,2022 at 7PM

Location: Memorial Hall – Lower Level

12 Adjournment 8:23 PM

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Working Group Reports

Food Security

Vegetable and Fruit Stands will be closed soon after a great season with both stands. The 1st Community supper took place on Oct.12,2022. The first one since covid with around 40 people there.

We have partnered with Carman and Area Food Pantry and Carman's food Bank will open Nov.3,2022 from 4 till 8 at the Carman Mennonite Church. We are currently taking applications from people who would like a hamper as well as applications from people who would like to volunteer. A volunteer information night was held on October 18th with more than 20 people in attendance.

Supporting Emotional Health – Supporting Emotional Health

We met 15 September 2022

- Begin program planning for the year.
 - Circle of Security - Julie MacNeil – Plan for the New Year
 - Partnering with the Library for another Book Club – Fall/Summer
 - Partnering with GPAC – Nigel Bart Journaling – winter/ Spring
 - Terry Warburton – one or two short sessions - mental wellness focus
 - Partner with Chris Dyck ‘Small Town Run and Walk Crew’ – continue t/o winter.
 - Consider Games Night with Adam Meme – 6 week blocks

Meeting 24 October 2022 to continue and prepare Action Plans

Affordable Housing – no report

Recreation and Leisure

Drop In Art Class has resumed. Nigel Bart and I have been brainstorming about how to connect with kids to participate. I emailed Carman Elementary School to work with a staff person re this issue.

I contacted Sheena @ CDR regarding needing supplies/equipment. She said that they have a lot of skates. The Fall Programs are planned. However, we may be able to partner for some winter programs.

Transportation – no report

Employment and Education

Our Working Group is teaming with Diane Cohoe from Boyne Regional Library and Grant Coordinator Wendy Durand to hold an Identification Day on October 27th from 1-7pm in the Library Meeting Room. We are accessing funds through the HLT Grant and are hopeful future similar events will follow. More details to follow the event.

Darcy Redekopp and Allison Abbott-Wiebe met with Harold Kenyon on October 6th to send a joint letter to both Minister Rochelle Squires and Blaine Pedersen around the issue of Employment Income Assistance caps and part time employment and seasonal employment. Our letter asked for an additional \$6000-8000 to be earned annually without penalty.

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