



Carman Wellness Connections

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Carman Wellness Connections – Board Meeting

Approved Minutes of Wednesday July 20, 2022 4:00 - 5:30 pm

COMMON VISION: Together, creating a community where everyone has the opportunity and supports to flourish where they live, learn, work and play.

COMMON VALUES: Common values will guide our behavior, inspire our actions, and encourage conversation within every component of this community initiative.

Empowerment	Sustainability	Accessibility	Best Practice	Respect
Shared Responsibility		“Nothing about us, without us”		“It takes a village”

Present: Lisa Lehman (Co-chair), Diane Cohoe (Secretary), Lorna George (Treasurer), Allison Abbott-Wiebe, Wendy Durand (Grant Coordinator), Janet Fowler, Rachel Siemens, Robert Bryson

Regrets: Chantal Chevalier – SH-SS (ex-officio), Susan Wepler

1. Welcome: 4:01PM

- Land Acknowledgment: We acknowledge with respect the history, spirituality and culture of the Anishinaabe, Cree, Ojibway, Dakota and Dene Peoples with whom Treaty One was signed and the territory where we reside. We also honour the heritage and gifts of the Metis people. Under the terms of Treaty One, we now share the responsibility of caring for the earth, sky and water where we pledge to create a sacred space of welcome where all might find a home.

Moment of focus - Reflection by Wendy Durand. Display at the Carman Fair was a positive first attempt and provided the opportunity to engage with families and individuals in the community. 211 resource was of interest to individuals. Opportunity to engage and recruit new members.

2. Approval of Agenda

Motion: To approve the agenda as circulated:

Moved/Seconded by: Allison Abbott Wiebe/Lorna George

CARRIED

Additions:

Approved

9.3 administration Request for Restorative Justice Allison

9.23 Boyne River Keepers

3. Approval of CWC – Board Meeting Minutes of June 23, 2022.
Motion: To approve the minutes of June 23, 2022 as circulated.
Moved/Seconded by: Rachel Siemens/Allison Abbott Wiebe

CARRIED

4. Working Group Reports: Circulated prior to meeting.

5. Community Resource Centre

5.1 Pilot Project Update:.

Lisa emailed the United Church asking if they are interested in continuing with the Drop In at the church in the fall – waiting for a response. CWC members are interested in continuing.

5.2 Community Navigator Funding Update – Nothing to report.

6. Make Poverty History Update – Lorna

2022 budget announced no new investments to build more social housing and no increase to basic needs income benefits.

There are 3 things you can do to support ending homelessness now:

1. Contact the Minister of Families and your MLA and tell them you believe the homelessness strategy will fail unless it:
 - Invests in 300 net new units
 - Increases the Employment and Income Assistance (EIA) basic needs benefit.
2. Endorse their campaign. By adding your organization's name to the list of supporters.
3. Check out their social media channels and share the campaign:

7. Financial

7.1 Lorna presented report

Lorna reported 11,448.81 balance. Financial statement attached.

Motion: To approve the financial report as presented.

Moved/Seconded by: Lorna George/Rachel Siemens

CARRIED

7.2 SH -SS HLT grant –On Chantal's approval the remaining \$2000 has be allocated as follows: \$500 be used for Tamarack membership (6 months till yearend) \$500 to be used for wellness promotion at the Carman Fair/Farmer's Market/Vegetable stands and \$1000 be used for seed money, community supper, food bags.

8. Grants/Funding request updates:

DAS truck pull didn't happen this year as the planning didn't start early enough. In prior years the truck pull was in competition with the Mike Pritchard golf tournament. This has been a profitable fundraiser in the past and raised \$10,000 for mental wellness promotion locally in the community. Discussed to explore this opportunity for next year.

9. CWC Admin:

9.1 AGM Debrief SEE ATTACHED

9.2 CWC Promotion

9.2.1 Marketing Plan – Rob Bryson attended as a guest

Rob discussed how to promote – market CWC brand to get the word out that CWC is non profit group accepting donations.

Suggested the following:

- Look for a local person who would be interested in taking on social media as a volunteer. Strong social media presence will help with the lack of communication between CWC and the community.
- Possible one day workshop to clarify the vision between working groups and board
- Form partnerships with groups that have the same visions and values.
- Lack of transportation in area possibly could be addressed with a small bus idea to form a committee to explore the idea.
- Host an Annual event that would create awareness and offer a fundraising opportunity.
- Host another Roundtable help to involve the community and re-engage the people that attended the 1st Roundtable.
- Contact the 1st people at the roundtable to inform of what has happened since re-engage those that attended
- Communication -awareness between business and organization needs to be more consistent
- The challenge is how to create public awareness.
- Use the billboard on main street
- Events Need to make public and apply

Next steps

1. Create a business plan
2. Communications how to proceed involve CWC communication group
3. Social media tool cost to hire someone

Rob will create an outline to proceed and will present it at a September Meeting with the Communication Group scheduled for Sept 14 -4PM Memorial Hall Basement

As a board we need to keep ourselves informed on website Everyone has a responsibility to be aware and ask questions, so we are informed at meetings

9.2.2 CWC Summer Promotion Update
Poster circulated and attached

9.2.2.1 Fair report – Attached with agenda for review – questions?

9.23 Boyne River Keepers Event at Ryall Park Sept 24. Possible Opportunity for CWC to attend. Discussed that CWC partner with groups but the relationship needs to stay true to our visions.

9.3 Allison spoke about Restorative Justice –The Crown refers clients looking to be restored to whole to RJ. Looking for community placements at businesses in Carman clients. Requested that CWC members share this with others.

10. Correspondence:

Received MMJS Annual Return

11. Next Meeting August 17 4PM Memorial Hall – Lower Level

12. Meeting Adjourned: 5:45 pm

Working Group Reports

Supporting Emotional Health Group

No updates from Education and Employment Working Group reported

Transportation Group

No updates from Education and Employment Working Group reported

Food Security Working Group

Both vegetable stands are up and running and starting to have more donations. The 2 locations are 195 2nd Avenue North West and 60 6th Avenue South West.

The food currency program is going at the Carman Farmer's Market. 2 volunteers are distributing the currency each week.

A few members of the food security working group have attended 2 meetings with a group from the Carman Mennonite Church working with Manitoba Harvest exploring starting a food bank in Carman. Another meeting is scheduled for August with a representative from Manitoba Harvest joining on Zoom.

Terra spoke at Carman Mennonite Church on July 10th, about food security and needs and opportunities in the area.

Food security will be taking over the community suppers. This used to be a separate group started before Carman wellness connections. The community suppers haven't run since Covid but we hope they can start this fall.

Our next meeting will be in August sometime.

Recreation and Leisure Working Group

There is a pool rental on August 13 for 50 people. Report to follow after rental.

Affordable Housing Working Group

The housing group has not had meeting this past month. Dwayne from Manitoba Housing has asked his staff to put together a list of MB Housing stock in Carman. He will send it to Blaine Pedersen when completed who will set another meeting with our group to discuss this information.

Employment and Education Working Group

No updates from Education and Employment Working Group reported.