



# Carman Wellness Connections

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## **Carman Wellness Connections – Board Meeting Approved Minutes of Thursday, January 27, 2022 7:00 – 8:30 pm**

**COMMON VISION: Together, creating a community where everyone has the opportunity and supports to flourish where they live, learn, work and play.**

**COMMON VALUES:** Common values will guide our behavior, inspire our actions, and encourage conversation within every component of this community initiative.

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Empowerment

Sustainability

Accessibility

Best Practice

Respect

Shared Responsibility

“Nothing about us, without us”

“It takes a village”

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Present: Karen Tjaden (co-chair), Debbie Iverson (secretary), Lorna George, (treasurer), Rachel Siemens, Wendy Durand

Regrets: Cecile Affleck, Allison-Abbott Wiebe, Colin, Hay, Nancy Clearwater, Susan Weppler, Lisa Lehmann, Darcy Redekopp

1. Welcome:

- Land Acknowledgment: We acknowledge with respect the history, spirituality and culture of the Anishinaabe, Cree, Ojibway, Dakota and Dene Peoples with whom Treaty One was signed and the territory where we reside. We also honour the heritage and gifts of the Metis people. Under the terms of Treaty One, we now share the responsibility of caring for the earth, sky and water where we pledge to create a sacred space of welcome where all might find a home.
- Chair of meeting recognized that did not have a quorum present, proceeded with meeting as an informational meeting.

2. Approval of Agenda – Addition 9.5 Recruitment & Succession Planning

Approved by consensus with addition.

3. Approval of CWC – Board Meeting Minutes of Dec. 9, 2021. - Approved by consensus.

4. Working Group Reports: No written report this month.

4.1 Affordable Rec & Leisure – Continuing to work with Rec Commission on the community sled project. In discuss with Nigel Bart at GPAC regarding possibility of offering Art classes for low income families. Programs remain limited due to covid restrictions.

5. Community Resource Centre -

5.1 Pilot Project Update – Soft start in Dec. Have had 6 drop in sessions. Running every Tuesday from 1:30 – 3:30 pm. Using covid safe protocols – now have medical grade

masks available, and not offering the kitchen/food activity due to covid restrictions. Referring to the volunteers as drop in hosts as keeping it open for all participants to be considered as hosts if they wish to get involved. Have had 3-7 participants each week, slower start but has been good for participants to get to know each other. Core of volunteers/hosts attending. Have had a display by the library for Dec.

- Planning team looking at covid safety, data collection, volunteer/host training – looking at making a host manual. Planning for regular guest displays – topic for Feb – Mental Health/Wellness.

Promotion & Advertising – Have promoted on Carman Chat, will be working on more formal communication plan.

5.2 Community space Update – Have received verbal confirmation from Cheryl Young that we can proceed with our plans to use the lower level space in the Memorial Hall.

5.3 Community Navigator Funding – Have been meeting with SH-SS reps to explore possibility of a proposal for partnership for funding for a Community Resource Navigator. Continuing to meet to explore options.

6. Make Poverty History Update – Nothing to report

7. Financial

7.1 Year to Date Financial Report – Reviewed year to date report as of Dec. 31, 2021 as circulated.

Support Phone Line - \$500/yr. Need to review with SEH working group. – **Lorna will follow up with Lisa**

Chamber of Commerce membership has been paid.

7.2 Discussed possibility of an Honorarium for Matt, once website is completed. Hope to have it close to completed by end of Jan. Funds for this could come from the Resource Centre Pilot project and perhaps some from Healthy Living grant. To discuss further at next meeting.

8. Grants/Funding request updates – Wendy

8.1 Carman Area Foundation request – Wendy will meet with executive committee to look at space in lower level Memorial Hall to finalize the request as to what we will need.

8.2 Thomas Sill Foundation – Variety of projects in the Pembina Valley area have been funded by this Foundation Can be used for capital or operating costs. Open intake year round, with process to see if we qualify on initial contact. Fiscal year is Aug to July, If grant is received, need to wait two years to re-apply.

8.3 Canada Summer Jobs Grant 2022 – did not apply this year, as we do not have a consistent person in place who could supervise this position.

8.4 Co-op Community Spaces Grant – deadline is Mar. 1, consider exploring for next year. Would give time to connect with other community organizations to partner with – ie Communities in Bloom, Boyne River Keepers, Boyne Regional library.

Would need to see where we might have some specific projects in common. **Wendy will contact the groups to initiate discussion with them.**

9 CWC Admin:

9.1 Charitable Status Update – We received our CRA charitable status as of Jan. 1, 2022.

**Lorna will let CAF, and Town/RM know of our new status.**

9.2 Creation of a Funding Raising Committee – We need to think of individuals who might be interested and enjoy this opportunity in the context of CWC.

9.3 2021 Annual Report Planning – Debbie will be starting work on the CWC annual report and will work with each of the Working Groups to gather their activity status reports for 2021.

9.4 Board Member Update –

Beth Bartley has resigned from the Board. She is continuing on as a host at the Community Resource Centre Drop In. We greatly appreciate her contributions to the Board, and we are excited that she is continuing to remain involved at the Community Resource Centre Drop In.

9.5 Recruitment & Succession Planning – We currently have a full slate of Board members, but need to think about succession planning and keeping everyone engaged at the Board and on the Working Groups. Has been challenging not being able to have inperson meetings and limited ability to do any activities/programs.

Need to be mentoring for succession planning for executive positions – one Co-chair and secretary terms will be completed this June.

10 Correspondence:

10.1 CCEDNet (Canadian Community Economic Development Network) –

Wendy reviewed the website and reported seeing a benefit in being a member of this network. Recommendation to bring forward a motion at our next meeting. Debbie will find out the annual amount to include in the motion.

10.2 Words of appreciation/encouragement for return of Carman Hospital Staff –

Being organized by the Community Stakeholders group that meets with SH-SS – Carman Hospital. Request for organizations/ individuals to send words of encouragement that will be used to create a banner of appreciation for hospital and clinic staff.

**Rachel will send words of encouragement on behalf of CWC.**

11 Next Meeting: Thursday Mar. 10 - Afternoon Meeting – 3:30 – 5:00 pm.

**Note: NEW TIME to try to accommodate some work schedules.**

Location: To be Determined.

12 Adjournment – Meeting adjourned at 8:33 pm.