



Carman Wellness Connections – Board Meeting
Unapproved Minutes -Thursday May 18, 2023 @7 pm
Location: Lower Level - Memorial Hall

COMMON VISION: Together, creating a community where everyone has the opportunity and supports to flourish where they live, learn, work and play.

COMMON VALUES: Common values will guide our behavior, inspire our actions, and encourage conversation within every component of this community initiative.

Empowerment

Sustainability

Accessibility

Best Practice

Respect

Shared Responsibility

“Nothing about us, without us”

“It takes a village”

Present: Wendy Durand, Susan Wepler, Rose Durupt, Lisa Lehmann, Lorna George, Diane Cohoe, Carly Boklaschuk Chantal Chevalier

Regrets: Allison Abbott-Wiebe, Colin Hay, Terra Huston

Agenda:

1. Welcome:

- Land Acknowledgment: We acknowledge with respect the history, spirituality and culture of the Anishinaabe, Cree, Ojibway, Dakota and Dene Peoples with whom Treaty One was signed and the territory where we reside. We also honour the heritage and gifts of the Metis people. Under the terms of Treaty One, we now share the responsibility of caring for the earth, sky and water where we pledge to create a sacred space of welcome where all might find a home.
- Moment of Focus- CWC is aware and here to support all groups in the community. Although we support immigration CWC can not find a solution to the problems immigrants are facing but will work and support other groups. Town of Carman and RM of Dufferin have a bigger part our current working groups do support new immigrants in our community. Suggestion from Carly that the Town could look at putting together welcome packages that would give immigrants the information of all the service available to them.

2. Approval of Agenda

Motion to approve the agenda as circulated:

Moved/Seconded: Wendy Durand/Susan Wepler

CARRIED

3. Approval of CWC – Board Meeting Minutes of April 20, 2023.

Motion to approve the the minutes of April 20,2023

Moved/Seconded: Wendy Durand/Lorna George

CARRIED

4. Working Group

- 4.1 Reports and/or Action Plans update working group reports as circulated prior to the meeting
Jordan Corner Ride Share & update of 82 Hampers distributed April 19,2023 and 52 people attended the community supper

5. Resources



5.1 Make Poverty History – nothing to report

5.2 Tamarack

5.2.1 Watch Party Summary as attached

5.2.2 Coaching 29 May 2023 – 4th session to discuss visual structure and roles of each group and discuss where we will the CAF grant received \$3500 for website/social media

5.2.3 Next Coaching – considering Grant Writing invite other groups in the community to provide an opportunity for tips on writing an effective grant and the possibility of sharing grant sources

6 Financial Report – report circulated prior to meeting. Thank you to be sent to Graysville Church letting them know that funds will be used for food projects

Motion to approve the financial statement as presented

Moved/Seconded: Lorna George/Wendy Durand

7 Grants

7.1 Community Service Recovery Fund – still waiting to hear of grant decision

7.2 Hensall Co-op – Due May 31 2023 – Wendy will submit grant \$10000 for food preservation

7.3 FCC AgriSpirit Fund ? CWC will not pursue this year deadline is past.

7.4 Access Credit Union – Due Dec 1, 2023, will apply but no deadline

7.5 Homestead Coop Fuel Up/ BBQs – Application submitted fundraising day in in Sept. Possible BBQ fundraiser the same day. This funding could be used for petty cash if it doesn't need to be specified

7.6 CAF \$3500 – Plan – See 8.2.1.

8 CWC Admin

8.1 Board Meeting Evaluations - Questions

8.2 Elevator Pitch - Now What?

8.2.1 Marketing and Communication Plan – Use the elevator pitch to talk to other groups and businesses about CWC use this as a tool to create awareness of the 6 working groups

8.2.1.1 Consult with Kaleigh K/ Jackie Leyenhorst – Lisa is trying to connect with Kaleigh about providing social media services and will ask Jackie Leyenhorst about a donate button on the website.

8.2.1.2 PP with new Visual Structure and reach out

8.3 Plan to review By Laws and ensure they are of plain language – Postponed

8.4 Restructure Visual and Roles - @6 -Lisa will email board members for feedback

8.5 Elevator Pitch – as above

8.6 Annual Calendar – add plan for AGM and add approve prior year annual report at the AGM

8.7 AGM Planning – Will be in conjunction with June community supper plan for 75 people. Will follow last year's structure with passports/stations and door prizes.

8.8 Carman Fair Planning – Wendy is looking after having a table at the fair. As there is no charge CWC will not be in a prime location.

9. Correspondence

10. Next Meeting: June 14 2023 at 6PM

Location: King's Park

Adjournment: 8:50 PM

Working Group Reports for May

Transportation

We are anticipating a conversation with Helen Hoepfner regarding the Boyne Lodge van, she has expressed interest in talking with us further. We are seeking an opportunity for further discussion with



the person who has recently started a taxi company in Carman because we have heard that he has some other ideas to improve transportation options in our community. It was exciting to hear news this week that RM of Richot is considering an EV car sharing coop for the small communities in their RM south of Winnipeg. We look forward to learning more and will follow up with the Economic Development Officer from RM of Richot.

Affordable Recreation

4 pool rentals have been booked for 2023 CRD is applying to Linear Grain for the funding. The cost is 25 people- \$110 and 50 people \$140.

Dates and times:

Friday, June 23, 2023 -1:30 - 2:30pm (25 people)	Parents and preschoolers
Sunday July 23, 2023? - 11am - 12 (50 people)	Newcomers, Community
Friday August 4, 2023 - 8pm - 9pm (50 people)	Newcomers, Community
Saturday August 19, 2023 - 10 am - 11am (25 people)	Newcomers, Community

Shelia Dick has joined the Affordable Recreation working group.

Thank you cards have been sent to Chris & Sheila Dick, Sheena Nakonechny, Renae Wolfe and Laurie and Mark Millions for partnering with CWC.

Food Security – no report

Education & Employment Group

The Education, and Employment working group has taken off recently, holding two events the same week and one coming up in mid June. A four day Dress for Success event was held at Carman Collegiate through partnership with Prairie Rose School Division, Dufferin Christian School and CWC.

Our second ID application day was held May 16 from 11 to 7 at Boyne regional library with Regional Connections and Service Canada taking part.

Plans are in the works for a June 13 workplace education Manitoba workshop to be held in Carman at Boyne Regional Library.

Since these first two events are happening the week of our May board meeting, there will be more details to follow next month.

Many thanks to the board members and working group members who stepped up when I became unable to continue working on all these projects and helped see them through

Housing Working Group

Thursday April 13, 2023

Tom Mooney, Susan Wepler, Darcy Redekopp, Karen Tjaden, Lorna George Guests – Town Councillors Rob Bryson and Carly Boklaschuk

- Shaun Loney from Aki Energy to share information about social enterprise solutions and Community Bonds and Community Land Trusts Regrets – Taylor Richards and Carly Boklaschuk

NOTE Taylor Richards is attending the National Congress on Housing and

Homelessness in Winnipeg (April 17-21) and is willing to share information at a future meeting

1. Update from Town Councillors re: housing



- a. Rob Bryson provided updates on what he and Carly Boklaschuk have been doing with Carman Town Council: They have Identified a need for affordable housing closer to centre of town for access to work, school, etc, especially for families with one or no vehicle.
- b. There are currently 27.5 FTE health positions open in Carman and True North is currently running 2 buses daily to transport employees from Winnipeg – additional housing might attract some of these employees to resettle in Carman.
- c. Pilot project of sorts happening right now in Carman - Heidi Grant has developed a duplex, close to \$200/sq ft construction, 2 storey, 3BR, smaller lot, infill lots work well for town economics, target rent under \$1000, depends on generous investors prepared to take slow return
- d. In 2022 Rob suggested to the Town the potential for developing affordable housing on former water treatment site last year
- e. During our discussion the option of offering a rent to own model was considered.

2. Guest - Shaun Loney, Aki Energy and Encompass sharing expertise in social enterprise solutions to housing and poverty in Winnipeg Social enterprise – look at what we have and look at what we need – non profit that also makes money, an alternative to traditional funding. Social enterprises can work in cooperation with private developers.

3. Community Bond – none in Manitoba yet, invite public's donations for housing, also take investments with specified rate of return, receive principal back at end of 5 years (many people leave their principal), also opportunity to donate back interest.

a. There are benefits to working with a recognized and trusted non-profit organization or entity, could be a municipal government – a body that citizens trust.

4. Land Trusts – none in Manitoba, Parkdale Neighbourhood Land Trust in Toronto, this model moves land out of land speculation

a. Canada Community Land Trust Association would be another good resource for us to contact. They have developed templates for the various steps in the process. more. They receive funding from CMHC and can provide templates

b. Shaun also encouraged us to talk with Carman Area Foundation, non-profit organization (trusted by citizens), or could be Town or RM, Tapestry Community Capital will be in Winnipeg Tuesday April 18 to meet with various groups interested in learning more about Community Bonds – Shaun Loney invited several people from Carman to join one of their presentations

5. Inquiry about community response to homelessness (tabled to future meeting)

6. For further information:

a. Encompass Coop Shaun Loney is one the Senior Partners in this social enterprise Visit their website (encompass.coop) to learn more about the services they have to offer!

b. Tapestry Community Capital Visit their website to learn more about Community Bonds and much more! (tapestrycapital.ca)

April 18, 2023 Tapistry Meeting

Carly Boklaschuk and Karen Tjaden attended the meeting with Ryan from Tapestry Community Capital at Social Enterprise Centre in Winnipeg, which included a tour of the Social Enterprise Centre and will share information with CWC, Housing Working Group and Town and help to strategize next steps for Carman.

May 11, 2023 Zoom Meeting with Canadian Network of Land Trusts



Karen, Susan and Lorna met with two members of the CNLT. A CLT is an organization which is a collective land ownership and stewardship. By holding ownership it takes the land out of the market place so to reduce the effects of inflation on land prices. There various uses for the land, it may be for affordable housing but there are other uses that may be beneficial for our community.

To summarize some of the things that need to be done to decide if a CLT is the way to go for our community (in no particular order):

1. We need to do a needs assessment.
2. Contact other stake holders
3. Create a vision
4. Contact other CLT's

Supporting Emotional Health

We met May 1 2023; Working Group received updates from CWC Board through the CWC – SEH lead, including the up coming Coaching session through Tamarack and CWC AGM 14 June 2023; 2 members of our Working Group attending Tamarack Conference Watch party and provided feedback and summary to Working Group.

Action Plan:

- Partnering with SHSS for '**Coping with Change**' - looking for 2 people in the community to get free training to facilitate the program. All costs will be covered.
- Partnering with the Library this Fall – in person Book Study for the book, **Nourished: Connection, Food and Caring for our Kids (and everyone else that we love) by Deborah MacNamara** – Terry Warburton will lead the Study.
- 'Game Night with Adam' planned to start this Fall as well.
- Partner with '**Small Town Run and Walk Crew**' – meeting Thursday evenings at the Ryall Park at 6pm. Our first evening we had 15 participants!! This year we are incorporating speakers, checking out highlights in our town like Walking Paths, Outdoor Gym and even a Tracks and Syls day.
- Beginning to plan a one day event with Kayla Dick '**Anchored Life with Kayla**' - considering a Venue at Belle Aura September 23. Our target group, young moms. More information to come.
- Discussions about supporting local LGBTQ community as per our Vision and Values