



**Carman Wellness Connections – Board Meeting
Approved Minutes - Thursday April 20, 2023 @7 pm
Memorial Hall**

COMMON VISION: Together, creating a community where everyone has the opportunity and supports to flourish where they live, learn, work and play.

COMMON VALUES: Common values will guide our behavior, inspire our actions, and encourage conversation within every component of this community initiative.

Empowerment

Sustainability

Accessibility

Best Practice

Respect

Shared Responsibility

“Nothing about us, without us”

“It takes a village”

Present: Wendy Durand, Allison Abbott-Wiebe, Susan Wepler, Rose Durupt, Lisa Lehmann, Chantal Chevalier, Diane Cohoe, Terra Huston, Tessa Memme, Colin Hay, Carly Boklaschuk.

Regrets: Lorna George

Agenda:

1. Welcome:

- Land Acknowledgment: We acknowledge with respect the history, spirituality and culture of the Anishinaabe, Cree, Ojibway, Dakota and Dene Peoples with whom Treaty One was signed and the territory where we reside. We also honour the heritage and gifts of the Metis people. Under the terms of Treaty One, we now share the responsibility of caring for the earth, sky and water where we pledge to create a sacred space of welcome where all might find a home.
- Moment of Focus- Honorarium Policy
 - Discussion on proposed Honorarium policy
 - Question asked about who decides executive or board members on approving payments. To add a Caveat to look at policy yearly and determine if changes are required
 - Add a request/ claim check box.
 - Clearly defined that payment based on if funding is available
 - Lisa will make changes and resend

2. Approval of Agenda

Motion to approve the agenda as circulated.

Moved/Seconded: Rose Durupt /Allison Abbott-Wiebe

CARRIED

3. Approval of CWC – Board Meeting Minutes of March 23 2023.

Motion to approve the minutes of March 23, 2023

Moved/Seconded: Chantal Chevalier/Wendy Durand

CARRIED



4. Working Group
 - 4.1 Reports and/or Action Plans as circulated prior to meeting.
 - Will resend a revised report to CWC board members to include all working groups

5. Resources
 - 5.1 Make Poverty History
 - nothing to report
 - 5.2 Tamarack
 - Board members encouraged to explore learning resources and attend webinars <https://www.tamarackcommunity.ca/>

 - 5.2.1 Host Watch Party April 25 2023
 - Held at the United Church set up at 8:30
 - 9-12 networking with attendees
 - Group will watch the Conference in the afternoon.
 - Registration will include access to the webinars April 26 & 27
 - Steinbach Poverty Group will be attending
 - CWC will provide lunch – Board members bringing soup/chili. Terra will look after the rest using the funding from Tamarack.
 - All the money provided by Tamarack has been allocated to costs of hosting the watch party and minimizing registration costs for Carman attendees

6. Financial Report
 - no report this month
7. Grants
 - 7.1 CAF- Received \$3500
 - Applied for \$7500 to cover new website and social media will need to re strategize on how best to use the funding
 - 7.2 Community Service Recovery Fund
 - waiting for funding decisions
 - 7.3 Library-Discover & Go program
 - Program is ready to roll out as soon as the funding is received.
 - Library will communicate with Susan Affordable Recreation so that this program is advertised to families the CWC is connected with so that they receive the information quickly
 - Encourage everyone to follow the library on social media website etc. for the latest information

- 8 CWC Admin
 - 8.1 Board Meeting Evaluations
 - We will continue to gather feedback for evaluation.
 - Feedback offers valuable information on supporting the groups and keeping board members engaged.
 - Received completed board evaluation questions submitted from members



8.2 Plan to review By Laws and ensure they are of plain language – Postponed

- Coaching May 16

8.3 Annual Calendar-

- Is an effective tool for planning. Susan will be responsible for booking the meeting room going forward

8.4 AGM Planning

- Meeting will be a BBQ in Kings Park June 14,2023 in conjunction with the Community supper Terra Food Security to lead the meal
- Annual report draft is almost complete
- Report to be approved at the May 18th meeting.
- Sub-committee in place to meet May 8 and as needed
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8.5 Carman Fair Planning

- Carman Fair planning committee - to coordinate details to set up an informational display at Carman Fair.
- Sub-committee included Wendy, Rose, and Terra - but with Rose's medical issues, has stepped away from the committee.
- Open to others to help coordinate, or volunteer at, this display on July 15th.
- Wendy will contact the D.A.S. to coordinate details on how we can participate at the fair.

8.6 CWC representative to attend Carman Chamber of Commerce and Healthy Communities meetings.

- Is there a Board member that regularly attends on their business to represent CWC. Wendy has been attending Healthy Communities when possible. Would be beneficial if someone represents CWC at Chamber meetings

9 Correspondence

10 Next Meeting: May 18 2023 at 7 Location: Memorial Hall

Adjournment: 8:35



Working Group Reports for May

Transportation

We are anticipating a conversation with Helen Hoepfner regarding the Boyne Lodge van, she has expressed interest in talking with us further. We are seeking an opportunity for further discussion with the person who has recently started a taxi company in Carman because we have heard that he has some other ideas to improve transportation options in our community. It was exciting to hear news this week that RM of Richot is considering an EV car sharing coop for the small communities in their RM south of Winnipeg. We look forward to learning more and will follow up with the Economic Development Officer from RM of Richot.

Affordable Recreation

4 pool rentals have been booked for 2023 CRD is applying to Linear Grain for the funding. The cost is 25 people- \$110 and 50 people \$140.

Dates and times:

Friday, June 23, 2023 -1:30 - 2:30pm (25 people)	Parents and preschoolers
Sunday July 23, 2023? - 11am - 12 (50 people)	Newcomers, Community
Friday August 4, 2023 - 8pm - 9pm (50 people)	Newcomers, Community
Saturday August 19, 2023 - 10 am - 11am (25 people)	Newcomers, Community

Shelia Dick has joined the Affordable Recreation working group.

Thank you cards have been sent to Chris & Sheila Dick, Sheena Nakonechny, Renae Wolfe and Laurie and Mark Millions for partnering with CWC.

Food Security – no report

Education & Employment Group

The Education, and Employment working group has taken off recently, holding two events the same week and one coming up in mid June. A four day Dress for Success event was held at Carman Collegiate through partnership with Prairie Rose School Division, Dufferin Christian School and CWC.

Our second ID application day was held May 16 from 11 to 7 at Boyne regional library with Regional Connections and Service Canada taking part.

Plans are in the works for a June 13 workplace education Manitoba workshop to be held in Carman at Boyne Regional Library.

Since these first two events are happening the week of our May board meeting, there will be more details to follow next month.

Many thanks to the board members and working group members who stepped up when I became unable to continue working on all these projects and helped see them through

Housing Working Group

Thursday April 13, 2023



Carman Wellness Connections

Tom Mooney, Susan Wepler, Darcy Redekopp, Karen Tjaden, Lorna George Guests – Town Councilors Rob Bryson and Carly Boklaschuk

- Shaun Loney from Aki Energy to share information about social enterprise solutions and Community Bonds and Community Land Trusts Regrets – Taylor Richards and Carly Boklaschuk

NOTE Taylor Richards is attending the National Congress on Housing and

Homelessness in Winnipeg (April 17-21) and is willing to share information at a future meeting

1. Update from Town Councillors re: housing

a. Rob Bryson provided updates on what he and Carly Boklaschuk have been doing with Carman Town Council: They have identified a need for affordable housing closer to centre of town for access to work, school, etc, especially for families with one or no vehicle.

b. There are currently 27.5 FTE health positions open in Carman and True North is currently running 2 buses daily to transport employees from Winnipeg – additional housing might attract some of these employees to resettle in Carman.

c. Pilot project of sorts happening right now in Carman - Heidi Grant has developed a duplex, close to \$200/sq ft construction, 2 storey, 3BR, smaller lot, infill lots work well for town economics, target rent under \$1000, depends on generous investors prepared to take slow return

d. In 2022 Rob suggested to the Town the potential for developing affordable housing on former water treatment site last year

e. During our discussion the option of offering a rent to own model was considered.

2. Guest - Shaun Loney, Aki Energy and Encompass sharing expertise in social enterprise solutions to housing and poverty in Winnipeg Social enterprise – look at what we have and look at what we need – non profit that also makes money, an alternative to traditional funding. Social enterprises can work in cooperation with private developers.

3. Community Bond – none in Manitoba yet, invite public's donations for housing, also take investments with specified rate of return, receive principal back at end of 5 years (many people leave their principal), also opportunity to donate back interest.

a. There are benefits to working with a recognized and trusted non-profit organization or entity, could be a municipal government – a body that citizens trust.

4. Land Trusts – none in Manitoba, Parkdale Neighbourhood Land Trust in Toronto, this model moves land out of land speculation

a. Canada Community Land Trust Association would be another good resource for us to contact. They have developed templates for the various steps in the process. more. They receive funding from CMHC and can provide templates

b. Shaun also encouraged us to talk with Carman Area Foundation, non-profit organization (trusted by citizens), or could be Town or RM, Tapestry Community Capital will be in Winnipeg Tuesday April 18 to meet with various groups interested in learning more about Community Bonds – Shaun Loney invited several people from Carman to join one of their presentations

5. Inquiry about community response to homelessness (tabled to future meeting)

6. For further information:

a. Encompass Coop Shaun Loney is one the Senior Partners in this social enterprise Visit their website (encompass.coop) to learn more about the services they have to offer!

b. Tapestry Community Capital Visit their website to learn more about Community Bonds and much more! (tapestrycapital.ca)



April 18, 2023 Tapestry Meeting

Carly Boklaschuk and Karen Tjaden attended the meeting with Ryan from Tapestry Community Capital at Social Enterprise Centre in Winnipeg, which included a tour of the Social Enterprise Centre and will share information with CWC, Housing Working Group and Town and help to strategize next steps for Carman.

May 11, 2023 Zoom Meeting with Canadian Network of Land Trusts

Karen, Susan and Lorna met with two members of the CNLT. A CLT is an organization which is a collective land ownership and stewardship. By holding ownership it takes the land out of the market place so to reduce the effects of inflation on land prices. There various uses for the land, it may be for affordable housing but there are other uses that may be beneficial for our community.

To summarize some of the things that need to be done to decide if a CLT is the way to go for our community (in no particular order):

1. We need to do a needs assessment.
2. Contact other stake holders
3. Create a vision
4. Contact other CLT's

Supporting Emotional Health

We met May 1 2023; Working Group received updates from CWC Board through the CWC – SEH lead, including the up coming Coaching session through Tamarack and CWC AGM 14 June 2023; 2 members of our Working Group attending Tamarack Conference Watch party and provided feedback and summary to Working Group.

Action Plan:

- Partnering with SHSS for '**Coping with Change**' - looking for 2 people in the community to get free training to facilitate the program. All costs will be covered.
- Partnering with the Library this Fall – in person Book Study for the book, **Nourished: Connection, Food and Caring for our Kids (and everyone else that we love) by Deborah MacNamara** – Terry Warburton will lead the Study.
- 'Game Night with Adam' planned to start this Fall as well.
- Partner with '**Small Town Run and Walk Crew**' – meeting Thursday evenings at the Ryall Park at 6pm. Our first evening we had 15 participants!! This year we are incorporating speakers, checking out highlights in our town like Walking Paths, Outdoor Gym and even a Tracks and Syls day.
- Beginning to plan a one day event with Kayla Dick '**Anchored Life with Kayla**' - considering a Venue at Belle Aura September 23. Our target group, young moms. More information to come.
- Discussions about supporting local LGBTQ community as per our Vision and Values